

# Grand Traverse County Drug Free Coalition Newsletter

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## A NOTE FROM THE COORDINATOR

Hello coalition members,

Because of COVID-19, the drinking culture has changed. During the pandemic, retail alcohol sales have risen and state and local governments have loosened restrictions to allow restaurants to sell carryout alcoholic beverages.

As you continue to utilize take-out services and begin to dine-in again in Grand Traverse County restaurants, I ask that you pay attention to, and share, the following information:

- Name of the establishment.
- Is the establishment offering alcohol to go?
- Are there deals related to alcohol? (Ex. If you buy a growler of beer, you get a free appetizer.)
- If you are utilizing the alcohol carryout option, did they check your ID at pickup?

Please send me an email ([gtcdrugfreecoalition@gmail.com](mailto:gtcdrugfreecoalition@gmail.com)) with this information and anything else that you noticed.

As things begin to slowly return to normal, or our new normal, it will be interesting to see if these laws will remain the same or return to how they were prior to the pandemic. The information that you share will help us to get a sense of what our current, and potentially future, drinking culture may be transitioning to in our local community.

Be well,

Lauren

## RESOURCES

- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: [https://www.michigan.gov/coronavirus/0,9753,7-406-98178\\_99557---,00.html](https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html)
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html). The phone numbers is (888) 733-7753.

- Matt Zerilli and Madie Begley from Addiction Treatment Services’ The PORCH co-host a Facebook live check-in weekday mornings to help people stay connected and to cope with the current physical distancing requirements. To watch Mornings at the Porch Live, or to watch the recorded videos, visit and join the “The PORCH Community Center: A Project of ATS” Facebook group.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school: [https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm\\_source=teeneblast&utm\\_medium=email&utm\\_content=nf&utm\\_term=NPnp&utm\\_campaign=teen-NDAFW2020](https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020)

## NEWS AND ARTICLES OF INTEREST

- mLIVE– Michigan’s Coronavirus Crisis Creates Epidemic of Mental-Health Issues: <https://www.mlive.com/public-interest/2020/05/michigans-coronavirus-crisis-creates-epidemic-of-mental-health-issues.html>
- Modern Healthcare – Michigan Blues Launches Substance Abuse Telehealth Program: <https://www.modernhealthcare.com/technology/michigan-blues-launches-substance-abuse-telehealth-program>
- Fox News – Minors are Getting Alcohol Delivered During COVID-19 Lockdowns, Investigation Reveals: <https://www.foxnews.com/food-drink/minors-alcohol-delivery-covid-19>

## Contact Us

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**Grand Traverse County  
Drug Free Coalition**

*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)*