



## ONLINE CHRONIC PAIN PATH SERIES

**DAY/TIME:** Thursdays,  
9:30 a.m.- 11:30 a.m.

**DATES:** January 14, 21,  
28; February 4, 11, 18,  
25

**LOCATION:** Online  
Zoom Meetings

*Participants should plan to attend all sessions to the best of their ability & must be able to fully participate with video and audio features.*

**COST:** FREE

**TO REGISTER:** <https://events.anr.msu.edu/ChronicPainJan21/>

**CONTACT:** For more information or to register over the phone-

***Naomi Hyso***

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**Email:** [hysonaom@msu.edu](mailto:hysonaom@msu.edu)



**Chronic Pain PATH** is a **FREE 7-week workshop** that takes place online. Participants meet virtually for 2 hours each week. You'll take part in discussing diverse issues affecting pain self-management and have the opportunity to try supportive techniques for improving your pain management. Open to adult residents of Michigan— a spouse or family caregiver may attend as well. \*Please note— the first session on **January 14th** will be a 20-minute introduction to the program with the opportunity to ask questions and troubleshoot Zoom features.

**SPONSORS:** *Funding supported by a State Opioid Response grant from the Michigan Department of Health and Human Service.*



*There will be a FREE GIFT for all who complete the six-week series!*

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