



ONLINE CHRONIC PAIN PATH SERIES

DAY/TIME: Thursdays,
9:30 a.m.- 11:30 a.m.

DATES: January 14, 21,
28; February 4, 11, 18,
25

LOCATION: Online
Zoom Meetings

Participants should plan to attend all sessions to the best of their ability & must be able to fully participate with video and audio features.

COST: FREE

TO REGISTER: [https://
events.anr.msu.edu/
ChronicPainJan21/](https://events.anr.msu.edu/ChronicPainJan21/)

CONTACT: For more
information or to register
over the phone-

Naomi Hyso

Office: 231-845-3362 or

Email: hysonaom@msu.edu



Chronic Pain PATH is a **FREE 7-week workshop** that takes place online. Participants meet virtually for 2 hours each week. You'll take part in discussing diverse issues affecting pain self-management and have the opportunity to try supportive techniques for improving your pain management. Open to adult residents of Michigan— a spouse or family caregiver may attend as well. *Please note— the first session on **January 14th** will be a 20-minute introduction to the program with the opportunity to ask questions and troubleshoot Zoom features.

SPONSORS: *Funding supported by a State Opioid Response grant from the Michigan Department of Health and Human Service.*



There will be a FREE GIFT for all who complete the six-week series!

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